

## The Netherlands drinking indicators

### One standard drink is 10 gram of pure alcohol. (according to Ronald)

Note: There are no beverage specific frequencies or quantity questions.

Frequency and quantity is asked for weekdays, weekend and for the last 7 days.

### Drinking status

**drin1\_12:** (drinking status, based on **alc7**, **gehont**) values: 0 (lifetime abstainer); 1 (12 months abstainer); 2 (current drinker)

- use alc7 (never consumed alcohol) and gehont (abstainer or drinker in the past 12 months)

### frequencies

**gefr1\_12:** (overall frequency, based on dfuo\_12a (**qfv1**: frequency weekdays), dfuo\_12b (**qfv3**: frequency weekend days))

recoding weekdays (Monday to Thursday):

4 days	=> 4
3 days	=> 3
2 days	=> 2
1 day	=> 1
less than one day	=> 0.5
I never drink on weekdays	=> 0

recoding weekend days (Friday to Sunday):

3 days	=> 3
2 days	=> 2
1 day	=> 1
less than one day	=> 0.5
I never drink on weekend days	=> 0

- take the sum of frequency weekdays and frequency weekend multiplying by 52:  
 $gefr1\_12 = (freq\ weekdays + freq\ weekend\ days) * 52$
- if freq weekdays is missing =>  $gefr1\_12 = freq\ weekend\ days * 52$ .
- if freq weekend days is missing =>  $gefr1\_12 = freq\ weekdays * 52$ .
- Missings in both frequencies are missings in gefr1\_12,
- Lifetime/12 months abstainer are being put to 0.
- Note: Compared with binge: 45 persons drink 6+ more often, although they report less at the general frequencies when considering the ranges of categories!!!

**gefr3\_12:** (overall frequency, based on information about the last 7 days, dndo\_12a to dndo12\_g (**wr1 to wr7**))

- Take the number of drinking days of the last week multiplying by 52
- Abstainer are set to 0

**gefr5\_12:** (overall frequency, based on gefr1\_12, bing5\_12)

- 47 cases with higher values in gefr5\_12 than in gefr1\_12:
- take the maximum of the overall frequency (based on information about weekday frequency and weekend frequency) and the frequency of binge drinking:  $gefr5\_12 = \text{maximum}(gefr1\_12, bing5\_12)$

**nodd5\_12:** (annual number of drinking days, based on gefr5\_12)

- $nodd5\_12 = gefr5\_12$

### Quantities

**gequ1\_12:** (usually quantity on a drinking day, based on information about weekdays and weekend days, dndo\_12h (**qfv2**: usually quantity on a weekday), dndo\_12i (**qfv4**: usually quantity on a weekend day), dfuo\_12a (**qfv1**: frequency weekdays), dfuo\_12b (**qfv3**: frequency weekend days)):

- gequ1\_12 is the weighted mean of the usually quantities of the weekdays and the weekend days, the weighting is according to the frequencies for weekdays and for weekend days:
- $gequ1_{12} = (\text{quan weekday} * \text{freq weekdays} + \text{quan weekend day} * \text{freq weekend}) * 10 \text{grams} / (\text{freq weekday} + \text{freq weekend day})$  (take 10grams pure ethanol for one standard drink)

**gequ3\_12:** (usually quantity on a drinking day, based on information about the last seven days, dndo\_12a to dndo\_12g (**wr1** to **wr7**: individual quantities for the last seven days))

- gequ3\_12 is the mean of the quantities for the last seven days
- $gequ3_{12} = \text{sum of the quantities for the last seven days} * 10 \text{ grams} / \text{number of drinking days for the last seven days}$

**gequ5\_12:** (usually quantity on a drinking day, based on information about weekdays, weekend days and the last seven days, gequ1\_12, gequ3\_12)

- take gequ1\_12 (usually quantity based on information about weekdays and weekend days)
- if missing or 0 take gequ3\_12 (usually quantity based on information about the last 7 days)

## Volume

**gevo1\_12:** (annual volume, based on information about weekdays and weekend days, dfuo\_12a (**qfv1**: frequency weekdays), dfuo\_12b (**qfv3**: frequency weekend days), dndo\_12h (**qfv2**: usually quantity on a weekday), dndo\_12i (**qfv4**: usually quantity on a weekend day))

- $gevo1_{12} = (\text{the usually quantity for a weekday} * \text{the frequency for the weekdays}) + (\text{the usually quantity for a weekend day} * \text{the frequency for a weekend})$ , this sum (the volume for a week) is multiplied by 52,

**gevo3\_12:** (annual volume, based on information about the last seven days, dndo\_12a to dndo\_12g (**wr1** to **wr7**: individual quantities for the last seven days))

- $gevo3_{12} = \text{sum of the quantities for the last seven days (volume for the last week) multiplied by 52}$ ,

**gevo5\_12:** (annual volume, based on different instruments, information about weekdays and weekend days and last 7 days, gevo1\_12, gevo3\_12, bing5\_12)

- take gevo1\_12 (annual volume based on information about weekdays and weekend days)
- if missing or 0 take gevo3\_12 (annual volume based on information about the last 7 days)
- correction if bing5\_12 > gefr1\_12 (47 cases): take the higher frequency to calculate volume:  $gefr5_{12} = \text{bing5}_{12} (\text{annual frequency of } 6+) * gequ5_{12}$  (usually quantity on a drinking day)

## binge drinking

**bing1\_12:** (annual frequency of drinking 6+ glasses, (60 grams ethanol) based on dlnda12 (**qfv5**: frequency of drinking 6+ on one day in the last 6 months))

recoding:

every day	=> 365 times per year
5-6 times a week	=> 286
3-4 times a week	=> 182
1-2 times a week	=> 78
1-3 times a month	=> 24
3-5 times per half a year	=> 8
1-2 times per half a year	=> 3
never	=> 0

- abstainer are set to 0.
- 35 missings

**bing3\_12:** (annual frequency of 6+ based on information about last 7 days, dndo\_12a to dndo\_12g (**wr1** to **wr7**: individual quantities for the last seven days))

- count days with 6+ glasses for the last week and multiply this by 52, (0 missings)

**bing5\_12:** (annual frequency of 6+ based on bing1\_12, bing5\_12)

- $\text{bing5\_12} = \text{bing1\_12}$
- if missing take information from weekdays and weekend days: if the usually quantity on a weekday is higher or equal 60 grams =>  $\text{bin5\_12} = \text{frequency weekdays} * 52$ , if the usually quantity on a weekend day is higher or equal 60 grams =>  $\text{bin5\_12} = \text{frequency weekend days} * 52$ , if both:  $\text{bin5\_12} = (\text{frequency weekdays} + \text{frequency weekend days}) * 52$