

## Switzerland drinking indicators

### Drinking status

**drin1\_01**: drinking status, based on **talko01** (overall frequency), **talko04** (ever consumed alcohol)

- if person reports a frequency (see talko01) => drin1\_01 = 2 (current drinker)
- if person reports no frequency (see talko01) is no lifetime abstainer (talko04=2) => drin1\_01=1 (current abstainer)
- if person reports no frequency (see talko01) is lifetime abstainer (talko04=1) => drin1\_01=0 (lifetime abstainer)
- 14 missings

### Frequencies

**gefr1\_01**: overall frequency, based on **talko01** (overall frequency)

recoding frequencies into number of drinking days per year:

|                         |         |
|-------------------------|---------|
| 3 or more times per day | => 365  |
| 2 times per day         | => 365  |
| once a day              | => 365  |
| a few times per week    | => 234  |
| 1-2 times per week      | => 78   |
| more seldom             | => 18,5 |
| never, abstinent        | => 0    |

- 7 missings

**wifr5\_01**: wine frequency, based on **talko03b** (frequency wine last 7 days), **talko03e** (frequency wine last 12 months)

- people are asked about the wine drinking frequency of the last 7 days,
- if they report no 7 days frequency they are asked about the last 12 months,

recoding frequencies (last 7 days) into number of wine drinking days per year

|                         |             |        |
|-------------------------|-------------|--------|
| 3 or more times per day | => 1 * 365  | => 365 |
| 2 times per day         | => 1 * 365  | => 365 |
| once a day              | => 1 * 365  | => 365 |
| almost daily            | => 5,5 * 52 | => 286 |
| 3-4 times this week     | => 3,5 * 52 | => 182 |
| 1 or 2 times this week  | => 1,5 * 52 | => 78  |

recoding frequencies (last 12 months) into number of wine drinking days per year

|                        |             |       |
|------------------------|-------------|-------|
| weekly                 | => 1 * 52   | => 52 |
| 2-3 times a month      | => 2,5 * 12 | => 30 |
| approx. once a month   | => 1 * 12   | => 12 |
| less than once a month | => 0,5 * 12 | => 6  |

- 0 missings

**befr5\_01**: beer frequency, based on **talko02b** (frequency beer last 7 days), **talko02e** (frequency beer last 12 months)

- people are asked about the beer drinking frequency of the last 7 days,
- if they report no 7 days frequency they are asked about the last 12 months,
- recoding frequencies see wifr5\_01,
- 0 missings.

**spfr5\_01**: spirits frequency, based on **talko05b** (frequency spirits last 7 days), **talko05e** (frequency spirits last 12 months)

- people are asked about the spirits drinking frequency of the last 7 days,
- if they report no 7 days frequency they are asked about the last 12 months,
- recoding frequencies see wifr5\_01,
- 0 missings.

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**oaf5\_01**: cider frequency, based on **talko04b** (frequency cider last 7 days), **talko04e** (frequency cider last 12 months)

- people are asked about the cider drinking frequency of the last 7 days,
- if they report no 7 days frequency they are asked about the last 12 months,
- recoding frequencies see wifr5\_01,
- 0 missings.

**nodd\_01**: annual number of drinking days

Compute the maxima of gefr1\_01, wifr5\_01, befr5\_01, spfr5\_01 and oaf5\_01.

- 0 missings

## Quantities

**wiqu5\_01**: usual quantity of wine per drinking day in grams of pure alcohol, based on **wifr5\_01** (frequency of wine per year), **talko03b** (frequency wine last 7 days), **talko03e** (frequency wine last 12 months), **talko03c** (quantity wine per occasion last 7 days), **talko03f** (quantity wine per occasion, last 12 months) (alcohol contents: 11%)

recoding quantities per occasion (of last 7 days / last 12 months) into litres of wine per occasion (talko03c, talko03f)

|   |          |
|---|----------|
| 0,5 litres or more (5 glasses a 1 dl or more) | => 0,625 |
| 3-4 dl (3-4 glasses)                          | => 0,3   |
| 2 dl (2 glasses)                              | => 0,15  |

recoding frequencies into wine drinking occasions per year (talko03b, talko03e)

|                        |              |           |
|------------------------|--------------|-----------|
| less than once a month | => 12 * 0,5  | => 6      |
| once a month           | => 12        |           |
| 2-3 times a month      | => 12 * 2,5  | => 30     |
| once a week            | => 52        |           |
| 1 to 2 times a week    | => 78        |           |
| 3 to 4 times a week    | => 182       |           |
| almost daily           | => 286       |           |
| once a day             | => 365       |           |
| 2 times a day          | => 365 * 2   | => 730    |
| 3 times a day or more  | => 365 * 3,5 | => 1277,5 |

- if person is no wine drinker (wifr5\_01=0) => wiqu5\_01=0
- calculate wine quantity per wine drinking day in litres of wine:  
if person is wine drinker (wifr5\_01>0) winequa (wine quantity per day) = (wine drinking occasions per year / wine drinking days per year (wifr5\_01)) \* litres of wine per occasion
- recalculate wine quantity per drinking day (winequa) into grams of pure alcohol:  
wiqu5\_01 = wine quantity per wine drinking day (winequa) \* 10 \* 11 (alcohol contents) \* 0,793.
- 0 missings

**bequ5\_01**: usual quantity of beer per drinking day in grams of pure alcohol, based on **befr5\_01** (frequency of beer per year), **talko02b** (frequency beer last 7 days), **talko02e** (frequency beer last 12 months), **talko02c** (quantity beer per occasion last 7 days), **talko02f** (quantity beer per occasion, last 12 months) (alcohol contents: 4,8%)

recoding quantities per occasion (of last 7 days / last 12 months) into litres of wine per occasion (talko02c, talko02f)

|   |         |
|---|---------|
| 5 glasses/little bottles a 3dl or 3 bottles a 6dl or more | => 2,25 |
| 3-4 glasses/little bottles a 3dl or 2 bottles a 6dl       | => 1,2  |
| 2 glasses/little bottles a 3dl or 1 bottle a 6dl          | => 0.45 |

recoding frequencies into beer drinking occasions per year (talko02b, talko02e)

|                        |             |        |
|------------------------|-------------|--------|
| less than once a month | => 12 * 0,5 | => 6   |
| once a month           | => 12       |        |
| 2-3 times a month      | => 12 * 2,5 | => 30  |
| once a week            | => 52       |        |
| 1 to 2 times a week    | => 52 * 1,5 | => 78  |
| 3 to 4 times a week    | => 52 * 3,5 | => 182 |

- |                       |              |           |
|-----------------------|--------------|-----------|
| almost daily          | => 52 * 5,5  | => 286    |
| once a day            | => 365       |           |
| 2 times a day         | => 365 * 2   | => 730    |
| 3 times a day or more | => 365 * 3,5 | => 1277,5 |
- if person is no beer drinker (befr5\_01=0) => bequ5\_01=0
  - calculate beer quantity per beer drinking day in litres of beer:  
if person is beer drinker (befr5\_01>0) beerqua (beer quantity per day) = (beer drinking occasions per year / beer drinking days per year (befr5\_01)) \* litres of beer per occasion
  - recalculate beer quantity per drinking day (beerqua) into grams of pure alcohol:  
bequ5\_01 = beer quantity per beer drinking day (beerqua) \* 10 \* 4,8 (alcohol contents) \* 0,793.
  - 0 missings

**spqu5\_01**: usual quantity of spirits per drinking day in grams of pure alcohol, based on **spfr5\_01** (frequency of spirits per year), **talko05b** (frequency spirits last 7 days), **talko05e** (frequency spirits last 12 months), **talko05c** (quantity spirits per occasion last 7 days), **talko05f** (quantity spirits per occasion, last 12 months) (alcohol contents: 40%)

recoding quantities per occasion (of last 7 days / last 12 months) into litres of spirits per occasion (talko05c, talko05f)

|                            |            |
|----------------------------|------------|
| 5 -6 small glasses or more | => 0.20625 |
| 3-4 small glasses          | => 0.105   |
| 2 small glasses            | => 0.045   |

recoding frequencies into spirits drinking occasions per year (talko05b, talko05e)

|                        |              |           |
|------------------------|--------------|-----------|
| less than once a month | => 12 * 0,5  | => 6      |
| once a month           | => 12        |           |
| 2-3 times a month      | => 12 * 2,5  | => 30     |
| once a week            | => 52        |           |
| 1 to 2 times a week    | => 52 * 1,5  | => 78     |
| 3 to 4 times a week    | => 52 * 3,5  | => 182    |
| almost daily           | => 52 * 5,5  | => 286    |
| once a day             | => 365       |           |
| 2 times a day          | => 365 * 2   | => 730    |
| 3 times a day or more  | => 365 * 3,5 | => 1277,5 |

- if person is no spirits drinker (spfr5\_01=0) => spqu5\_01=0
- calculate spirits quantity per spirits drinking day in litres of spirits:  
if person is spirits drinker (spfr5\_01>0) spirqua (spirits quantity per day) = (spirits drinking occasions per year / spirits drinking days per year (spfr5\_01)) \* litres of beer per occasion
- recalculate spirits quantity per drinking day (spirqua) into grams of pure alcohol:  
spqu5\_01 = spirits quantity per beer drinking day (spirqua) \* 10 \* 40 (alcohol contents) \* 0,793.
- 0 missings

**oaqu5\_01**: usual quantity of cider per drinking day in grams of pure alcohol, based on **oaf5\_01** (frequency of cider per year), **talko04b** (frequency cider last 7 days), **talko04e** (frequency cider last 12 months), **talko04c** (quantity cider per occasion last 7 days), **talko04f** (quantity cider per occasion, last 12 months) (alcohol contents: 4,5%)

recoding quantities per occasion (of last 7 days / last 12 months) into litres of cider per occasion (talko04c, talko04f)

|                 |         |
|-----------------|---------|
| 1 litre or more | => 1,25 |
| ca. ½ litre     | => 0,5  |
| ca. 3-4 dl      | => 0,3  |

recoding frequencies into cider drinking occasions per year (talko04b, talko04e)

|                        |             |        |
|------------------------|-------------|--------|
| less than once a month | => 12 * 0,5 | => 6   |
| once a month           | => 12       |        |
| 2-3 times a month      | => 12 * 2,5 | => 30  |
| once a week            | => 52       |        |
| 1 to 2 times a week    | => 52 * 1,5 | => 78  |
| 3 to 4 times a week    | => 52 * 3,5 | => 182 |
| almost daily           | => 52 * 5,5 | => 286 |
| once a day             | => 365      |        |

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- |                       |              |           |
|-----------------------|--------------|-----------|
| 2 times a day         | => 365 * 2   | => 730    |
| 3 times a day or more | => 365 * 3,5 | => 1277,5 |
- if person is no cider drinker (oaf5\_01=0) => oaqu5\_01=0
  - calculate cider quantity per cider drinking day in litres of cider:  
if person is cider drinker (oaf5\_01>0)  $\text{ciderqua} = \frac{\text{cider quantity per year}}{\text{cider drinking occasions per year} / \text{cider drinking days per year (oaf5_01)}} * \text{litres of cider per occasion}$
  - recalculate cider quantity per drinking day (ciderqua) into grams of pure alcohol:  
 $\text{oaqu5_01} = \text{cider quantity per cider drinking day (ciderqua)} * 10 * 4,5 \text{ (alcohol contents)}$   
\*0,793.
  - 0 missings

## **Binge**

**bing1\_01:** based on **talko08** (how often 8+ glasses of any kind of alcoholic beverage, last 12 months)

recoding into number of days with 8+ glasses

|                           |        |
|---------------------------|--------|
| never                     | => 0   |
| less than once a month    | => 6   |
| every month               | => 12  |
| every week                | => 52  |
| every or nearly every day | => 312 |

If overall frequency (oafreq) = 0 binge=0.  
- 174 missings

## **Volumes**

**wivo5\_01:** annual volume of wine drinking  
Compute the product of wifr5\_01 and wiqu5\_01.  
- 0 missings

**bevo5\_01:** annual volume of beer drinking  
Compute the product of befr5\_01 and bequ5\_01.  
- 0 missings

**spvo5\_01:** annual volume of spirits drinking  
Compute the product of spfr5\_01 and spqu5\_01.  
- 0 missings

**oavo5\_01:** annual volume of cider drinking  
Compute the product of oaf5\_01 and oaqu5\_01.  
- 0 missings

**bsvo5\_01:** annual volume based on beverage specific information  
Compute the sum of wivo5\_01, bevo5\_01, spvo5\_01 and oavo5\_01.  
- 0 missings