

## Iceland drinking indicators

### Drinking status

**Drin1\_18:** (drinking status based on **v31** and quantity and beverage-specific information; **v33** (how often one drink during last 12 months), **v37** (quantity of beer drinking last 12 months), **v39** (quantity of wine drinking last 12 months), **v37** (quantity of spirits drinking last 12 months))

If person drinks wine, beer or spirits -> drin1\_18 = 2 (current drinker).

If person didn't drink during last 12 months, but before -> drin1\_18 = 1 (current abstainer).

If person never drank wine, beer, spirits -> drin1\_18 = 0 (lifetime abstainer).

2 missings

### Frequencies

**Gefr1\_18:** (annual frequency of alcohol drinking, based on **v33** (frequency of drinking last 12 months))

Recoding into number of drinking days per year

|                             |        |
|-----------------------------|--------|
| Almost daily                | -> 312 |
| 4 – 5 times per week        | -> 234 |
| 2 – 3 times per week        | -> 130 |
| Approximately once a week   | -> 52  |
| A couple of times per month | -> 32  |
| Approximately once a month  | -> 12  |
| A few times a year          | -> 6.5 |
| Once in the past 12 months  | -> 1   |
| Never in the past 12 months | -> 0   |

If person drinks no alcohol (drin1\_18=0 or 1) gefr1\_18 = 0.

Missings: 15 (0,6%)

**Wifr1\_18:** (annual frequency of wine drinking, based on **v39** (frequency of wine drinking last 12 months))

Recoding into number of drinking days per year

|                             |        |
|-----------------------------|--------|
| Almost daily                | -> 312 |
| 4 – 5 times per week        | -> 234 |
| 2 – 3 times per week        | -> 130 |
| Approximately once a week   | -> 52  |
| A couple of times per month | -> 32  |
| Approximately once a month  | -> 12  |
| A few times a year          | -> 6.5 |
| Once in the past 12 months  | -> 1   |
| Never in the past 12 months | -> 0   |

If person drinks no alcohol (drin1\_18=0 or 1) wifr1\_18 = 0.

Missings: 11

**Befr1\_18:** (annual frequency of beer drinking, based on **v37**, frequency of beer drinking, last 12 months)

Recoding into number of drinking days per year

|                             |        |
|-----------------------------|--------|
| Almost daily                | -> 312 |
| 4 – 5 times per week        | -> 234 |
| 2 – 3 times per week        | -> 130 |
| Approximately once a week   | -> 52  |
| A couple of times per month | -> 32  |
| Approximately once a month  | -> 12  |
| A few times a year          | -> 6.5 |
| Once in the past 12 months  | -> 1   |
| Never in the past 12 months | -> 0   |

If person drinks no alcohol (drin1\_18=0 or 1) befre1\_18 = 0.

Missings: 11

**spfr1\_18:** (annual frequency of spirits drinking, based on v41, frequency of spirits drinking, last 12 months)

Recoding into number of drinking days per year

|                             |        |
|-----------------------------|--------|
| Almost daily                | -> 312 |
| 4 – 5 times per week        | -> 234 |
| 2 – 3 times per week        | -> 130 |
| Approximately once a week   | -> 52  |
| A couple of times per month | -> 32  |
| Approximately once a month  | -> 12  |
| A few times a year          | -> 6.5 |
| Once in the past 12 months  | -> 1   |
| Never in the past 12 months | -> 0   |

If person drinks no alcohol (drin1\_18=0 or 1) spfre1\_18 = 0.

Missings: 18

**Nodd\_\_18:** computing the maxima of overall and beverage specific frequencies (gefr1\_18, wifr1\_18, befr1\_18 and spfr1\_18)

Missings: 2

## Quantities

**Gequ1\_18:** (annual quantity of alcohol drinking, based on v36 (number of drinks on one occasion) alcohol content of standard drink = 13g)

If person reports no frequency (missing) -> gequ1\_18 = missing.

If gefr1\_18 = 0 -> gequ1\_18 = 0.

If person drinks no alcohol (drin1\_18=0 or 1) gequ1\_18 = 0.

Missings: 152 (6,2%)

145 people report frequency but no quantity -> imputation of the quantity by median of frequency group

7 missings remain

If person reports frequency but quantity=0 -> gequ1\_18 = 0,5 (half of the smallest quantity).

Recalculate number of drinks into grams of pure alcohol -> gequ1\_18 = gequ1\_18\*13.

**Wiqu1\_18:** (annual quantity of wine drinking, based on v40 (typical number of drinks (wine) (drink size wine = 0,125 l))

Recoding v40 into wiqul (litre of wine per drinking occasion)

|                                                    |            |
|----------------------------------------------------|------------|
| Have never drunk wine, or have only ever tasted it | -> 0       |
| Less than 1 glass of wine                          | -> 0,0625  |
| 1 glass of wine                                    | -> 0,125   |
| 2-3 glasses of wine                                | -> 0,3125  |
| About half a bottle of wine                        | -> 0,375   |
| Less than 1 bottle of wine                         | -> 0,5625  |
| About 1 bottle of wine                             | -> 0,75    |
| More than 1 bottle of wine                         | -> 0,84375 |

If person reports no frequency (missing) -> wiqu1\_18 = missing.

If wifr1\_18 = 0 -> wiqu1\_18 = 0.

If person drinks no alcohol (drin1\_18=0 or 1) or wine (wifre1\_18=0) wiqul = 0.

Missings: 20

If person reports frequency but no quantity -> Imputation of the quantity by median of frequency group.

If person reports frequency but quantity=0 -> wiqu1\_18 = 0,03125 (half of the smallest quantity).

11 missings remain

Recalculate into grams of pure alcohol ->  $wiqu1\_18 = wiqu1 \cdot 0,125$  (alcohol content wine)  $\cdot 0,793 \cdot 1000$

**Bequ1\_18:** (annual quantity of beer drinking, based on **v38** (typical number of drinks (beer) (drink size beer = 0,33 l))

Recoding v38 into bequ1 (litre of beer per drinking occasion)

|                                                    |          |
|----------------------------------------------------|----------|
| Have never drunk beer, or have only ever tasted it | -> 0     |
| Less than 1 small can or bottle                    | -> 0,165 |
| About 1 small can or bottle                        | -> 0,33  |
| About 2 small cans or bottles                      | -> 0,66  |
| About 3 small cans or bottles                      | -> 0,99  |
| About 4-5 small cans or bottles                    | -> 1,485 |
| About 6-9 small cans or bottles                    | -> 2,475 |
| 10 small cans or bottles                           | -> 3,3   |

If person drinks no alcohol ( $drin1\_18=0$  or 1) or beer ( $befre1\_18=0$ )  $bequ1 = 0$ .

If person reports no frequency (missing) ->  $bequ1\_18 = \text{missing}$ .

If  $befr1\_18 = 0$  ->  $bequ1\_18 = 0$ .

Missings: 102

If person reports frequency but no quantity -> Imputation of the quantity by median of frequency group.

If person reports frequency but quantity=0 ->  $bequ1\_18 = 0,0825$  (half of the smallest quantity).

11 missings remain

Recalculate into grams of pure alcohol ->  $bequ1\_18 = bequ1 \cdot 0,05$  (alcohol content beer)  $\cdot 0,793 \cdot 1000$

**Spqu1\_18:** (annual quantity of spirits drinking, based on **v42** (typical number of drinks (spirits) (drink size spirits = 0,05 l))

Recoding v42 into spqu1 (litre of spirits per drinking occasion)

|                                 |            |
|---------------------------------|------------|
| A single drink                  | -> 0,05    |
| A double drink                  | -> 0,1     |
| About 3 drinks                  | -> 0,15    |
| 3-5 double drinks               | -> 0,4     |
| More than a quarter of a bottle | -> 0,175   |
| Less than half a bottle         | -> 0,2625  |
| About half a bottle             | -> 0,35    |
| More than half a bottle         | -> 0,39375 |

If person drinks no alcohol ( $drin1\_18=0$  or 1) or spirits ( $spfre1\_18=0$ )  $spqu1 = 0$ .

If person reports no frequency (missing) ->  $spqu1\_18 = \text{missing}$ .

If  $spfr1\_18 = 0$  ->  $spqu1\_18 = 0$ .

Missings: 53

If person reports frequency but no quantity -> Imputation of the quantity by median of frequency group.

18 missings remain

Recalculate into grams of pure alcohol ->  $spqu1\_18 = spqu1 \cdot 0,38$  (alcohol content spirits)  $\cdot 0,793 \cdot 1000$

## Binge

**Bing1\_18:** binge drinking, based on **v35** (5+ drinks on a single day, last 12 months)

Recoding v35 into bing1\_18 (binge drinking days per year)

|                    |        |
|--------------------|--------|
| Almost daily       | -> 312 |
| 4-5 times per week | -> 234 |

|                             |        |
|-----------------------------|--------|
| 2-3 times per week          | -> 130 |
| Approximately once a week   | -> 52  |
| A couple of times per month | -> 32  |
| Approximately once a month  | -> 12  |
| A few times a year          | -> 6,5 |
| Once in the past 12 months  | -> 1   |
| Never in the last 12 months | -> 0   |

If person doesn't drink alcohol ( $\text{drin1\_18} = 0$  or  $1$ ) ->  $\text{bin1\_18} = 0$ .  
32 missings

## **Volumes**

**Gevo1\_18:** (annual volume of alcohol drinking, computing the product of  $\text{gefr1\_18}$  and  $\text{gequ1\_18}$ )  
15 missings

**Wivo1\_18:** (annual volume of wine drinking)  
 Creating  $\text{wivo1\_18}$  by computing the product of  $\text{wifr1\_18}$  (frequency of wine) and  $\text{wiqu1\_18}$  (quantity of wine per drinking occasion).  
11 missings

**bevo1\_18:** (annual volume of beer drinking)  
 Creating  $\text{bevo1\_18}$  by computing the product of  $\text{befr1\_18}$  (frequency of beer) and  $\text{bequ1\_18}$  (quantity of beer per drinking occasion).  
11 missings

**spvo1\_18:** (annual volume of spirits drinking)  
 Creating  $\text{spvo1\_18}$  by computing the product of  $\text{spfr1\_18}$  (frequency of spirits) and  $\text{spqu1\_18}$  (quantity of spirits per drinking occasion).  
18 missings

**Bsvo1\_18:** computing the sum of beverage-specific annual volumes ( $\text{wivo1\_18}$ ,  $\text{bevo1\_18}$  and  $\text{spvo1\_18}$ ).  
2 missings